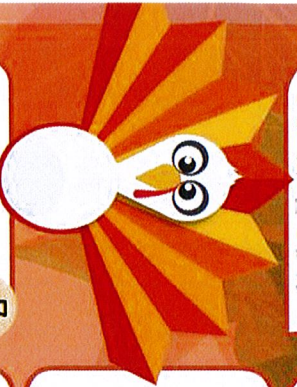


NOVEMBER 2016

Pevely Elementary



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Sausage Egg, & Cheese
Tac-Go

Toasted Cheese on Pretzel
Bun
Baked Beans
Chilled Fruit
7

Assorted Donuts

Home-made
Cheese Quesadilla
Refried Beans
Chilled Fruit
12

Banana Bread

Chicken Patty Sandwich
Oven Baked Seasoned
Fries
Chilled Fruit
21

No School

28

Cereal w/ Graham
Crackers

Breakfast for Lunch
Sausage Pattie
Pancakes
Tater Tots
Fresh Fruit
1

Cereal w/ Graham
Crackers

Bosco Sticks w/
Marinara Sauce
Seasoned Green Beans
Fresh Fruit
8

Cereal w/ Graham
Crackers

Chicken Tenders
Mac & Cheese
Green Peas
Fresh Fruit
15

Cereal w/ Graham
Crackers

Turkey Roast w/ Gravy
Warm Dinner Roll
Mashed Potatoes & Gravy
Chilled Fruit
22

Cereal w/ Graham
Crackers

Lasagna Roll-Up
Warm Bread Stick
Steamed Broccoli
Chilled Fruit
29

Breakfast Sliders

Chicken Alfredo
Steamed Carrots
Warm Dinner Roll
Chilled Fruit
2

Cinnamon Roll

Broccoli Cheese Soup
Warm Dinner Roll
Steamed Carrots
Chilled Fruit
9

Breakfast Burrito

Spaghetti w/ Meat Sauce
Warm Dinner Roll
Steamed Broccoli
Chilled Fruit
16

No School

23

Cereal w/ Graham
Crackers

Home-made Cheese
Pizza
Golden Corn
Fresh Fruit
3

Cereal w/ Graham
Crackers

Domino's Pizza Day
Steamed Broccoli
Chilled Fruit
10

Cereal w/ Graham
Crackers

Home-made Cheese
Pizza
Green Beans
Fresh Fruit
17

**Happy
Thanksgiving!**

24

Assorted Large Muffins

Cheeseburger
Baked Crinkle Fries
Chilled Fruit
2

No School

11

Mini Filled Bagels

Toasted Ham & Cheese
Sandwich
Sweet Potato Tots
Chilled Fruit
18

No School

25

DID YOU KNOW?

Frozen dinners originated in 1953 when someone misjudged the number of frozen turkeys it would sell at Thanksgiving. The extra meat was repackaged and sold as a frozen meal!

****Menu subject to change!
Breakfast includes:

- Menu Item
- ½ c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

- Peanut Butter and Jelly Sandwich
- Blackcat Pack – Yogurt & Grain Choice

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.40
Adult Breakfast \$1.60
Adult Lunch \$3.25

School News

Nov 11th – No School/Veterans Day
Nov 23rd - 25th – No School/
Thanksgiving Break
Nov 28th – No School

No more worrying about lost lunch money. Pay your child's meal account online at <http://dunkin.revtrak.net>.

Help hint: deposit \$40.80 into you students account for lunch this month.

****Every grain item is whole grain
USDA is an equal opportunity provider.
employer.

NOVEMBER 2016

Taylor Early Childhood



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast Boats

Chili & Chicken
Crispitos
Seasoned Green Beans
Assorted Fruit

7

Mini Cinnis

Beef Nachos w/ Queso
Cheese
Salsa
Refried Beans
Assorted Fruit

14

Sausage Maple Pancake
on a Stick

Pepperoni French Bread
Steamed Broccoli
Assorted Fruit

21

No School

28

Cereal w/ Graham
Crackers

Cheesey Chicken Burrito
Spanish Rice
Refried Beans
Assorted Fruit

1

Cereal w/ Graham
Crackers

Pork Roast w/ Gravy
Warm Dinner Roll
Golden Corn
Assorted Fruit

8

Cereal w/ Graham
Crackers

Spaghetti w/ Meatballs
Seasoned Green beans
Assorted Fruit

15

Cereal w/ Graham
Crackers

Thanksgiving Dinner
Turkey w/ Gravy
Warm Dinner Roll
Assorted Fruit

22

Cereal w/ Graham
Crackers

Country Fried Steak
Mashed Potatoes & Gravy
Assorted Fruit

29

Assorted Donuts

Sweish Meatballs
Warm Dinner Roll
Mashed Potatoes & Gravy
Assorted Fruit

2

Mini French Toast

Cheeseburger
Baked Crinkle Cut Fries
Assorted Fruit

9

Mini Pancakes

Chicken Patty Sandwich
Pea and Carrot Medley
Assorted Fruit

16

Mini Bagels

Ham & Cheese Wrap
Steamed Broccoli
Assorted Fruit

30

No School

23

Cereal w/ Graham
Crackers

Orange Chinner
Vegetable Egg Roll
Assorted Fruit

3

Cereal w/ Graham
Crackers

Jumbo Pizza Bagel
BBQ Baked Beans
Assorted Fruit

10

Cereal w/ Graham
Crackers

Oven Roasted Chicken
Warm Dinner Roll
Buttered Noodles
Baked Beans
Assorted Fruit

17

Happy
Thanksgiving!

24

Breakfast Sliders

Dominos Pizza
Steamed Carrots
Assorted Fruit

21

No School

11

Yogurt w/ Graham
Crackers

Dominos Pizza
Fresh Baby Carrots
Assorted Fruit

18

No School

25

DID YOU KNOW?

Frozen dinners originated in 1953 when someone misjudged the number of frozen turkeys it would sell at Thanksgiving. The extra meat was repackaged and sold as a frozen meal!

***Menu subject to change!
Breakfast includes:

- Menu item
- 1/2 c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

Lunch includes:

- Choice of entrée
- 1/2 c Fruit
- 1/2 c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

- Peanut Butter and Jelly Sandwich
- Blackcat Pack – Yogurt & Grain Choice

Meal Prices

Student Breakfast	\$0.00
Student Lunch	\$2.40
Adult Breakfast	\$1.60
Adult Lunch	\$3.25

School News

Nov 11th – No School/Veterans Day
Nov 23rd - 25th – No School/
Thanksgiving Break
Nov 28th – No School

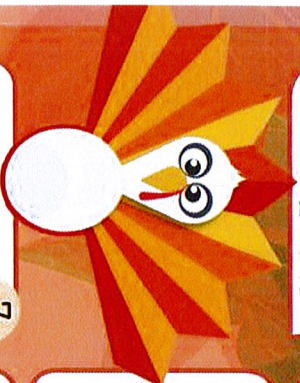
No more worrying about lost lunch money. Pay your child's meal account online at <http://dunkin.revtrak.net>.

Help hint: deposit \$42.50 into you students account for lunch this month.

*****Every grain item is whole grain
USDA is an equal opportunity provider.
employer.

NOVEMBER 2016

Herculeanum High & Senn Thomas Middle Breakfast



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Assorted Bagels w/
Cream Cheese Cup
Or
Dutch Waffle
Assorted 100% Fruit Juice
Assorted Fruit

2

Egg & Cheese Biscuit
Or
Fresh Baked Cinnamon
Roll
Assorted 100% Fruit
Juice
Assorted Fruit

3

Sausage Maple Pancake
on a Stick
Or
Assorted Fudel
Assorted 100% Fruit Juice
Assorted Fruit

4

Breakfast Sliders
Or
French Toast Sticks
Assorted 100% Fruit Juice
Assorted Fruit

7

Breakfast Boats
Or
Pancakes
Assorted 100% Fruit Juice
Assorted Fruit

8

Sausage & Cheese Bagel
Or
French Toast Stick
Assorted 100% Fruit Juice
Assorted Fruit

9

Sausage, Egg, & Cheese
Tac-Go
Or
Jumbo Waffles
Assorted 100% Fruit Juice
Assorted Fruit

10

Biscuit & Gravy
Or
Scrambled Eggs w/ Toast
Assorted 100% Fruit Juice
Assorted Fruit

11

No School

14

Breakfast Bites
Or
Mini Cinnis
Assorted 100% Fruit
Juice
Assorted Fruit

15

Sausage & Cheese
English Muffin
Or
Jumbo Waffles
Assorted 100% Fruit
Juice
Assorted Fruit

16

Breakfast Boats
Or
Pancakes
Assorted 100% Fruit Juice
Assorted Fruit

17

Assorted Bagels w/ Cream
Cheese Cup
Or
Dutch Waffle
Assorted 100% Fruit Juice
Assorted Fruit

18

Breakfast Sliders
Or
French Toast Sticks
Assorted 100% Fruit Juice
Assorted Fruit

21

Sausage Maple Pancake
on a Stick
Or
French Toast Sticks
Assorted 100% Fruit
Juice
Assorted Fruit

22

Sausage, Egg, & Cheese
English Muffin
Or
Jumbo Waffles
Assorted 100% Fruit
Juice
Assorted Fruit

23

No School

24

Happy
Thanksgiving!

25

No School

28

No School

29

Sausage & Cheese Biscuit
Or
Fresh Baked Cinnamon
Roll
Assorted 100% Fruit Juice
Assorted Fruit

30

Mini Bagels
Or
Biscuit & Gravy
Assorted 100% Fruit
Juice
Assorted Fruit

DID YOU KNOW?

Frozen dinners originated in 1953 when someone misjudged the number of frozen turkeys it would sell at Thanksgiving. The extra meat was repackaged and sold as a frozen meal!

***Menu is subject to change!
Breakfast includes:

- Entrée of bread and/or protein
- 100% 4 oz Juice
- ½ c fresh, frozen, canned fruit
- Choice of Cold Milk

Daily Alternate Breakfast Entrée

- Chocolate or Powdered Donuts
- Honey Bun
- Fruit & Yogurt Parfait w/Granola
- Assorted Cereal w/ Graham Crackers
- Assorted Benefit Bars
- Assorted Popart
- Assorted Large Muffins

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.50
Adult Breakfast \$1.60
Adult Lunch \$3.25

School News

Nov 11th – No School/Veterans Day
Nov 23rd - 25th – No School/
Thanksgiving Break
Nov 28th – No School

No more worrying about lost lunch money. Pay your child's meal account online at
<http://dunkinrevtrak.net>.

Help hint: deposit \$42.50 into you student's account for lunch this month.

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employer.

NOVEMBER 2016

Senn Thomas Middle



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cheesy Chicken Burrito
Spanish Rice
Refried Beans
Assorted Fruit

1

Sweedish Meatballs
Warm Dinner Roll
Mashed Potatoes & Gravy
Assorted Fruit

2

Cheese Steak on Hoagie
Bun
Sautéed Pepper & Onion
Baked Crinkle Cut Fries
Assorted Fruit

3

Enchiladas w/ Red Sauce
Pea and Carrot Medley
Assorted Fruit

4

Chili & Chicken
Crispitos
Cheddar Cheese Sauce
Seasoned Green Beans
Assorted Fruit

8

Toasted Ravioli w/
Marinara Sauce
Steamed Broccoli
Rotini Marinara
Assorted Fruit

9

Pork Roast w/ Gravy
Warm Dinner Roll
Mashed Potatoes & Gravy
Assorted Fruit

10

No School

11

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Golden Corn
Assorted Fruit

7

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Steamed Carrots
Assorted Fruit

12

Oven Roasted Chicken
Buttered Noodles
Seasoned Greenbeans
Assorted Fruit

15

Fish Sticks w/ Tartar
Sauce
Oven Baked Seasoned
Fries
Assorted Fruit

16

Comdog
BBQ Baked Beans
Seasoned Green beans
Assorted Fruit

17

Turkey w/ Gravy
Warm Dinner Roll
Mashed Potatoes & Gravy
Assorted Fruit

18

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Green Peas
Assorted Fruit

21

General Tsos Chicken
Vegetable Fried Rice
Egg Roll
Assorted Fruit

22

No School

23

Happy
Thanksgiving!

24

No School

25

No School

28

Turkey, Bacon, & Ranch
Flatbread
Shredded Lettuce &
Tomato
BBQ Baked Beans
Assorted Fruit

29

Baked Potato Bar
(Cheese, Diced Ham,
Steamed Broccoli)
Soft Pretzel
Assorted Fruit

30

DID YOU KNOW?
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***Menu subject to change!
Lunch includes:

- Choice of entrée
- 1/2 c Fruit
- 1/2 c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

- Cheeseburger
- Breaded Chicken Patty Sandwich
- Breaded Spicy Chicken Patty Sandwich
- Chef or Chicken Caesar Salads
- Pizza (rotating variety)

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.50
Adult Breakfast \$1.60
Adult Lunch \$3.25

School News

Nov 11th – No School/Veterans Day
Nov 23rd - 25th – No School/
Thanksgiving Break
Nov 28th – No School

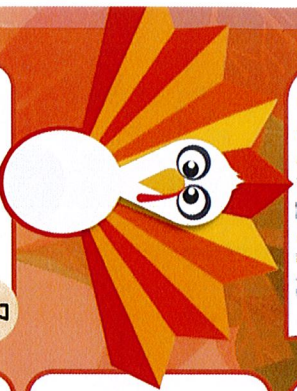
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employer.

NOVEMBER 2016

Herculaneum High



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cheesy Chicken Burrito
Spanish Rice
Refried Beans
Assorted Fruit

1

Swedish Meatballs
Warm Dinner Roll
Mashed Potatoes & Gravy
Golden Corn
Assorted Fruit

2

Orange Chicken
Vegetable Fried Rice
Egg Roll
Steamed Broccoli
Assorted Fruit

3

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Steamed Carrots
Assorted Fruit

4

Chili & Chicken
Crispitos
Cheddar Cheese Sauce
Seasoned Green Beans
Assorted Fruit

7

Pork Roast w/ Gravy
Warm Dinner Roll
Mashed Potatoes & Gravy
Golden Corn
Assorted Fruit

8

Cheese Steak on Hoagie
Bun
Sautéed Pepper & Onion
Baked Crinkle Cut Fries
Assorted Fruit

9

Turkey, Bacon, & Ranch
Flatbread
Shredded Lettuce &
Tomato
BBQ Baked Beans
Assorted Fruit

10

No School

11

Beef Nachos w/ Queso
Cheese
Salsa
Refried Beans
Assorted Fruit

14

Spaghetti w/ Meatballs
Warm Breadstick
Seasoned Green beans
Assorted Fruit

15

Enchiladas w/ Red Sauce
Brown Rice
Pea and Carrot Medley
Assorted Fruit

16

Oven Roasted Chicken
Warm Dinner Roll
Buttered Noodles
Baked Beans
Assorted Fruit

17

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Steamed Carrots
Assorted Fruit

18

Toasted Ravioli w/
Marinara Sauce
Steamed Broccoli
Roellini Marinara
Assorted Fruit

21

Thanksgiving Lunch
Turkey w/ Gravy
Warm Dinner Roll
Mashed Potatoes & Gravy
Golden Corn
Assorted Fruit

22

No School

23

**Happy
Thanksgiving!**

24

No School

25

No School

28

Country Fried Steak
Warm Breadstick
Mashed Potatoes & Gravy
Golden Corn
Assorted Fruit

29

Baked Potato Bar
(Cheese, Diced Ham,
Steamed Broccoli)
Soft Pretzel
Assorted Fruit

30

DID YOU KNOW?
Frozen dinners originated in 1953 when someone misjudged the number of frozen turkeys it would sell at Thanksgiving. The extra meat was repackaged and sold as a frozen meal!

***Menu subject to change!
Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/Bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

- Cheeseburger
- Breaded Chicken Patty Sandwich
- Breaded Spicy Chicken Patty Sandwich
- Salad Bar
- Deli Bar
- Pizza (rotating variety)

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.50

Adult Breakfast \$1.60
Adult Lunch \$3.25

School News

Nov 11th - No School/Veterans Day
Nov 23rd - 25th - No School/
Thanksgiving Break
Nov 28th - No School

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