

OCTOBER 2017

Taylor Early Childhood

MONDAY

Assorted Cereal w/
Graham Crackers

Chicken Alfredo
Seasoned Green Beans
Assorted Fruit

2

Assorted Cereal w/
Graham Crackers

Toasted Ravioli
Steamed Broccoli
Assorted Fruit

9

Assorted Cereal w/
Graham Crackers

Chicken Nuggets
Green Peas
Assorted Fruit

16

Assorted Cereal w/
Graham Crackers

Toasted Cheese on
Pretzel Bun
Baked Beans
Assorted Fruit

23

Assorted Cereal w/
Graham Crackers

Spaghetti w/ Meatsauce
Steamed Broccoli
Assorted Fruit

30

TUESDAY

Trix Yogurt Cup w/
Graham Crackers

Toasted Cheese Sandwich
Tomato Soup
Assorted Fruit

3

Large Muffin

Chicken Patty Sandwich
Fresh Baby Carrots
Assorted Fruit

10

Honey Bun

Tony's Cheese Pizza
Steamed Broccoli
Assorted Fruit

17

Assorted Mini Donut

Meatballs w/ Rotini
Steamed Broccoli
Assorted Fruit

24

Happy Halloween!

Slice Pumpkin Bread

BBQ Rib Sandwich
Oven Baked Fries
Frosted Halloween
Cookie
Assorted Fruit

31

WEDNESDAY

Assorted Cereal w/
Graham Crackers

Turkey & Cheese
Sandwich
Cheddar Goldfish
Assorted Fruit

4

Assorted Cereal w/
Graham Crackers

Turkey Bacon Ranch
Flatbread
Seasoned Carrots
Assorted Fruit

11

Assorted Cereal w/
Graham Crackers

Hot Ham & Cheese on Bun
Seasoned Green Beans
Assorted Fruit

18

Assorted Cereal w/
Graham Crackers

Chicken Patty Sandwich
Mashed Potatoes & Gravy
Assorted Fruit

25

THURSDAY

Mini Pancakes

Cheese Burger
Oven Baked Fries
Assorted Fruit

5

Mini Filled Bagels

Hotdog on Bun
Tater Tots
Assorted Fruit

12

No
School

19

Cinnamon Roll

Pancakes
Sausage Link
Hashbrown Patty
Assorted Fruit

26

FRIDAY

Assorted Cereal w/
Graham Crackers

Domino's Cheese Pizza
Seasoned Carrots
Assorted Fruit

6

Assorted Cereal w/
Graham Crackers

Domino's Cheese Pizza
Seasoned Carrots
Assorted Fruit

13

No
School

20

Assorted Cereal w/
Graham Crackers

Domino's Cheese Pizza
Seasoned Carrots
Assorted Fruit

27

***Menu subject to change!

Breakfast includes:

- Menu item
- ½ c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

Peanut Butter and Jelly
Sandwich
Blackcat Pack – Yogurt &
Graham Crackers

Meal Prices

Student Breakfast	\$0.00
Student Lunch	\$2.50
Adult Breakfast	\$2.05
Adult Lunch	\$3.25

School News

October 19th – No School / PDC
Day/ Parent Teacher
Conferences
October 20th – No School
October 31st – Happy Halloween

No more worrying about lost
lunch money. Pay your child's
meal account online at
<http://dunklin.revtrak.net>.
Help hint: deposit \$47.50 into
your students account for lunch
this month.

*****Every grain item is whole
grain

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OCTOBER 2017

Pevely Elementary

MONDAY

2

Sliced Pumpkin Bread

Toasted Cheese Sandwich
Tomato Soup
Chilled Appricots

9

Trix Yogurt Cup w/
Graham Crackers

Toasted Ham & Cheese
Sandwich
Seasoned Green Beans
Raisins

16

Egg & Cheese Sandwich

Spaghetti w/ Meatsauce
Garlic Breadstick
Steamed Broccoli
Chilled Peaches

23

Mini Pancakes

Chicken Nuggets
Mashed Potatoes & Gravy
Breadstick
Chilled Mixed Fruit

30

Sliced Pumpkin Bread

Turkey Bacon Ranch
Flatbread
Tossed Salad
Chilled Peaches

TUESDAY

3

Assorted Cereal w/
Graham Crackers

Crispy Fish Sticks w/
Tarter Sauce
Animal Crackers
Steamed Broccoli
Fresh Apple

10

Assorted Cereal w/
Graham Crackers

Breakfast for Lunch!
Pancakes
Sausage Patty
Tater Tots
Chilled Strawberries

17

Assorted Cereal w/
Graham Crackers

Oven Baked Chicken
Warm Dinner Roll
Baked Beans
Fresh Banana

24

Assorted Cereal w/
Graham Crackers

Toasted Cheese on
Pretzel Bun
Baked Beans
Fresh Grapes

31

Happy Halloween!
Assorted Cereal w/
Graham Crackers

Mini Corn Dogs
Frosted Halloween
Cookie
Baked Beans
Fresh Grapes

WEDNESDAY

4

Mini Cream Cheese Filled
Bagels

Turkey Roast w/ Gravy
Warm Dinner Roll
Mashed Potatoes & Gravy
Fresh Banana

11

Breakfast Bosco Egg &
Bacon Stick

Cheese or Chicken
Quesdilla
Refried Beans
Fresh Orange Slices

18

Mini French Toast

Assorted Tony's Pizza
Seasoned Carrots
Assorted Fruit
**Birthday Rice
Krispie Treat!**

25

Cinnamon Roll

Cheeseburger
Oven Baked Fries
Chilled Peaches

THURSDAY

5

Assorted Cereal w/
Graham Crackers

Domino's Pizza Day
Golden Corn
Chilled Mixed Fruit

12

Assorted Cereal w/
Graham Crackers

Home-made Pepperoni
Pizza or Cheese Pizza
Seasoned Carrots
Fresh Apple

19

No
School

26

Assorted Cereal w/
Graham Crackers

Domino's Pizza Day
Golden Corn
Fresh Orange Slices

FRIDAY

6

Fresh Baked Donut Holes

BBQ Rib Sandwich
Baked Beans
Chilled Peaches

13

Cinnis Minis

Chicken Patty Sandwich
Oven Baked Fries
Chilled Cinnamon Apple
Sauce

20

No
School

27

Breakfast Boats

Chicken Alfredo
Warm Dinner Roll
Seasoned Green Beans
Chilled Strawberries

****Menu subject to change!**

Breakfast includes:

- Menu item
- ½ c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

**Peanut Butter and Jelly
Sandwich**

**Blackcat Pack – Yogurt &
Graham Crackers**

**(Tuesday/Thursday), Cheese
Sticks w/ Soft Pretzel
(Monday/ Wednesday/Friday)**

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.50

Adult Breakfast \$2.05
Adult Lunch \$3.25

School News

October 19th – No School / PDC
Day/ Parent Teacher
Conferences

October 18th – Birthday
Celebrations

October 20th – No School

October 31st – Happy Halloween

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lunch money. Pay your child's
meal account online at

<http://dunklin.revtrak.net>.

Help hint: deposit \$50.00 into
your students account for lunch
this month.

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Senn Thomas Middle & Herculaneum High Breakfast Menu

MONDAY

2
Dutch Waffle w/
Sausage Link
Or
Assorted Bagel w/ Cream
Cheese
Assorted 100% Fruit Juice
Assorted Fruit

9
Sausage & Cheese Bagel
Or
French Toast Sticks
Assorted 100% Fruit Juice
Assorted Fruit

16
Maple Pancake Sausage
on a Stick
Or
French Toast Sticks
Assorted 100% Fruit Juice
Assorted Fruit

23
Breakfast Bites
Or
Mini French Toast
Assorted 100% Fruit
Juice
Assorted Fruit

30
Breakfast Sliders
Or
French Toast Sticks
Assorted 100% Fruit
Juice
Assorted Fruit

TUESDAY

3
Fresh Baked Cinnamon
Roll
Or
Mini Waffles
Assorted 100% Fruit Juice
Assorted Fruit

10
Donut Holes
Or
Breakfast Boats
Assorted 100% Fruit Juice
Assorted Fruit

17
Iced Donut Ring
Or
Breakfast Pizza
Assorted 100% Fruit Juice
Assorted Fruit

24
Donut Holes
Or
Breakfast Boat
Assorted 100% Fruit
Juice
Assorted Fruit

31
Happy Halloween!
Sausage & Cheese Bagel
or
French Toast Sticks
Assorted 100% Fruit
Juice
Assorted Fruit

WEDNESDAY

4
Mini Breakfast Bites
Or
Mini Cinnis
Assorted 100% Fruit Juice
Assorted Fruit

11
Assorted Fruit Frudel
Or
Cheesy Scrambled Eggs
w/ Toast
Assorted 100% Fruit Juice
Assorted Fruit

18
Breakfast Boat
Or
Pancakes
Assorted 100% Fruit Juice
Assorted Fruit

25
Breakfast Pizza
Or
Pancakes
Assorted 100% Fruit
Juice
Assorted Fruit

THURSDAY

5
Breakfast Pizza
Or
Pancakes
Assorted 100% Fruit Juice
Assorted Fruit

12
Biscuits & Gravy
Or
Mini Filled Bagels
Assorted 100% Fruit Juice
Assorted Fruit

19
**No
School**

26
Sausage & Cheese
Biscuit
Or
Warm Baked Cinnamon
Roll
Assorted 100% Fruit
Juice
Assorted Fruit

FRIDAY

6
Breakfast Taco
Or
Jumbo Waffle
Assorted 100% Fruit Juice
Assorted Fruit

13
Sausage & Cheese Biscuit
Or
Assorted Iced Long Johns
Assorted 100% Fruit Juice
Assorted Fruit

20
**No
School**

27
Biscuits & Sausage Gravy
Or
Mini Cream Cheese Filled
Bagels
Assorted 100% Fruit
Juice
Assorted Fruit

***Menu is subject to change!

Breakfast includes:

- Entrée of bread and/or protein
- 100% 4 oz Juice
- ½ c fresh, frozen, canned fruit
- Choice of Cold Milk

Daily Alternate Breakfast Entrée

- Chocolate or Powdered Donuts
- Honey Bun
- Fruit & Yogurt Parfait w/Granola
- Assorted Cereal w/ Graham Crackers
- Assorted Benefit Bars
- Assorted Poptart
- Assorted Large Muffin

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.60

Adult Breakfast \$2.05
Adult Lunch \$3.25

School News

October 19th – No School / PDC Day/ Parent Teacher Conferences

October 20th – No School
October 31st – Happy Halloween

No more worrying about lost lunch money. Pay your child's meal account online at <http://dunklin.revtrak.net>.

Help hint: deposit \$52.00 into your students account for lunch this month.

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OCTOBER 2017

Senn Thomas Middle Lunch

MONDAY

2

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Golden Corn
Assorted Fruit

TUESDAY

3

Chicken Alfredo
Dinner Roll
Seasoned Green Beans
Assorted Fruit

WEDNESDAY

4

Toasted Cheese Sandwich
Creamy Tomato Soup
Seasoned Carrots
Assorted Fruit

THURSDAY

5

Breaded Pork Chops
Warm Bread Stick
Baked Beans
Au Gratin Potatoes
Assorted Fruit

FRIDAY

6

Crispy Breaded Fish
Sandwich w/ American
Cheese
Oven Baked Fries
Assorted Fruit

9

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Green Beans
Assorted Fruit

10

Toasted Ravioli w/
Marinara Dipping Sauce
Rotini Marinara
Steamed Broccoli
Assorted Fruit

11

Turkey Bacon Ranch
Flatbread
Seasoned Carrots
Assorted Fruit

12

Nachos w/ Queso
Shredded Lettuce & Diced
Tomatoes Salsa
Refried Beans
Assorted Fruit

13

Chilli Cheese Dog
Or
Hot Dog on Bun
Oven Baked Fries
Assorted Fruit

16

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Steamed Carrots
Assorted Fruit

17

General Tso's Chicken
Veggie Egg Roll
Veggie Fried Rice
Steamed Broccoli
Assorted Fruit

18

Cheesy Lasagna Roll Up
Covered in Italian Sauce
Warm Dinner Roll
Seasoned Green Beans
Assorted Fruit

19

No
School

20

No
School

23

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Golden Corn
Assorted Fruit

24

Cheesy Bosco Sticks
w/ Marinara Sauce
Rotini Marinara
Steamed Broccoli
Assorted Fruit

25

Breakfast for Lunch
Pancakes
Sausage Link
Tater Tots
Assorted Fruit

26

Toasted Italian Meatball
Sub w/ Mozzarella
Seasoned Green Beans
Assorted Fruit

27

Ham & Cheese on
Pretzel Bun
Or
Toasted Cheese on
Pretzel Bun
Baked Beans
Assorted Fruit

30

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Green Peas
Assorted Fruit

31

Happy Halloween!
BBQ Rib Sandwich
Oven Baked Fries
Frosted Halloween
Cookie
Assorted Fruit

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*** Menu subject to change!

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

- Cheeseburger
- Breaded Chicken Patty Sandwich
- Breaded Spicy Chicken Patty Sandwich
- Chef or Chicken Caesar Salads
- Pizza (rotating variety)

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.60

Adult Breakfast \$2.05
Adult Lunch \$3.25

School News

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Day/ Parent Teacher
Conferences
October 20th – No School
October 31st – Happy Halloween

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Herculaneum High Lunch

MONDAY

2

Chicken Alfredo
Garlic Breadstick
Seasoned Green Beans
Assorted Fruit

9

Toasted Ravioli
Rotini Marinara
Steamed Broccoli
Assorted Fruit

16

Chicken Nuggets
Mac & Cheese
Green Peas
Assorted Fruit

23

Ham & Cheese on
Pretzel Bun
Or
Toasted Cheese on
Pretzel Bun
Seasoned Green Beans
Baked Beans
Assorted Fruit

30

Spaghetti w/ Meatsauce
Garlic Breadstick
Steamed Broccoli
Assorted Fruit

TUESDAY

3

Toasted Cheese Sandwich
Creamy Tomato Soup
Seasoned Carrots
Assorted Fruit

10

Philly Cheese Steak Sub
Sauteed Peppers &
Onions
Oven Baked Fries
Assorted Fruit

17

General Tso's Chicken
Veggie Fried Rice
Veggie Egg Roll
Steamed Broccoli
Assorted Fruit

24

Toasted Meatball Sub
w/ Mozzarella
Rotini Marinara
Steamed Broccoli
Assorted Fruit

31

Happy Halloween!
BBQ Rib Sandwich
Oven Baked Fries
Frosted Halloween
Cookie
Assorted Fruit

WEDNESDAY

4

Breaded Pork Chops w/
Country Gravy
Warm Dinner Roll
Baked Beans
Au Gratin Potatoes
Assorted Fruit

11

Turkey Bacon Ranch
Flatbread
Seasoned Carrots
Assorted Fruit

18

Cheesy Lasagna Roll Up
Covered in Italian Sauce
Warm Dinner Roll
Seasoned Green Beans
Assorted Fruit

25

Pork Roast w/ Gravy
Warm Dinner Roll
Mashed Potatoes & Gravy
Golden Corn
Assorted Fruit

THURSDAY

5

Crispy Breaded Fish
Sandwich w/ American
Cheese
Oven Baked Fries
Assorted Fruit

12

Chili Cheese Dog
Or
Hot Dog on Bun
Tater Tots
Assorted Fruit

19

No
School

26

Breakfast For Lunch!
Pancakes
Sausage Link
Hashbrown Patty
Assorted Fruit

FRIDAY

6

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Golden Corn
Assorted Fruit

13

Beef Nachos Bar
w/ White Queso
Cheesy Refried Beans
Assorted Fruit

Domino's Still Available

20

No
School

27

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Seasoned Peas
Assorted Fruit

****Menu subject to change!**

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

- Cheeseburger
- Breaded Chicken Patty Sandwich
- Breaded Spicy Chicken Patty Sandwich
- Salad Bar
- Deli Bar
- Pizza (rotating variety)

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.60

Adult Breakfast \$2.05
Adult Lunch \$3.25

School News

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Day/ Parent Teacher
Conferences
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