

September 2017

Taylor Early Childhood

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know...

The name September comes from the Latin septem for seven, since this was the seventh month of the Roman calendar.

No School
Labor Day

4

Mini French Toast

Breakfast for Lunch
Pancakes
Sausage Patty
Tater Tots
Assorted Fruit

5

Assorted Cereal w/
Graham Crackers

Cheeseburger
Fresh Baby Carrots
Assorted Fruit

6

Assorted Donuts

Breaded Mozzarella Sticks
Marinara Dipping Sauce
Steamed Broccoli
Assorted Fruit

7

Assorted Cereal w/
Graham Crackers

Domino's Cheese Pizza
Seasoned Carrots
Assorted Fruit

8

Assorted Cereal w/
Graham Crackers

Chicken Parmesan
Steamed Broccoli
Assorted Fruit

11

Breakfast Boat

Cheesy Hamburger Helper
Green Peas
Assorted Fruit

12

Assorted Cereal w/
Graham Crackers

Large Soft Pretzel
Cheese Stick
Fresh Broccoli Florets
Assorted Fruit

13

Cinnamon Roll

BBQ Rib Sandwich
Oven Baked Fries
Assorted Fruit

14

Assorted Cereal w/
Graham Crackers

Domino's Cheese Pizza
Fresh Baby Carrots
Assorted Fruit

15

Assorted Cereal w/
Graham Crackers

Ham & Cheese on Bun
Pea & Carrot Medley
Assorted Fruit

18

Mini French Toast

Beef Soft Taco
Refried Beans
Assorted Fruit

19

Assorted Cereal w/
Graham Crackers

Spaghetti w/ Meatsauce
Steamed Broccoli
Assorted Fruit

20

Assorted Large Muffin

Cheeseburger
Seasoned Green Beans
Assorted Fruit

21

Assorted Cereal w/
Graham Crackers

Domino's Cheese Pizza
Golden Corn
Assorted Fruit

22

No School

25

Breakfast Bites

Turkey & American
Cheese Roll-Up
Steamed Broccoli
Assorted Fruit

26

Assorted Cereal w/
Graham Crackers

Crispy Chicken Patty
Sandwich
Green Peas
Assorted Fruit

27

Cinnamon Roll

Shredded BBQ Pork on
Bun
Oven Baked Fries
Assorted Fruit

28

Assorted Cereal w/
Graham Crackers

Domino's Cheese Pizza
Seasoned Green Beans
Assorted Fruit

29

***Menu subject to change!

Breakfast includes:

- Menu item
- ½ c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

Peanut Butter and Jelly
Sandwich
Blackcat Pack – Yogurt &
Graham Crackers

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.50

Adult Breakfast \$2.05
Adult Lunch \$3.25

School News

September 1st – Early Release
September 4th – No School Labor Day
September 25th – No School

No more worrying about lost lunch money. Pay your child's meal account online at <http://dunklin.revttrak.net>.
Help hint: deposit \$47.50 into your students account for lunch this month.

*****Every grain item is whole grain

USDA is an equal opportunity provider and employer.

September 2017

Pevely Elementary

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know...

The name September comes from the Latin septem for seven, since this was the seventh month of the Roman calendar.

No School
Labor Day

4

Assorted Cereal w/
Graham Crackers

Taco Tuesday!
Beef Soft Taco
Refried Beans
Fresh Orange Slices

5

Honey Buns

BBQ Rib Sandwich
Baked Beans
Cherry Crisp

6

Assorted Cereal w/
Graham Crackers

Domingos Pizza Day
Seasoned Carrots
Fresh Grapes

7

Sliced Banana Bread

Breakfast for Lunch!
Pancakes
Sausage Link
Tater Tots
Baked Cinnamon Apples

8

Breakfast Pizza

Hotdog on Bun
Golden Corn
Chilled Blueberries

11

Assorted Cereal w/
Graham Crackers

Cheesy Bosco Sticks
Marinara Dipping Sauce
Seasoned Green Beans
Fresh Apple

12

Cinnis Minis

Orange Chicken
Veggie Fried Rice
Green Peas
Chilled Peaches

13

Assorted Cereal w/
Graham Crackers

Home-made Pepperoni or
Cheese Pizza
Steamed Broccoli
Fresh Banana

14

Mini Pancakes

Cheese Burger
Oven Baked Fries
Chilled Strawberries

15

Trix Yogurt Cup w/
Graham Crackers

Meatless Monday!
Hearty Mac n Cheese
Dinner Roll
Green Peas
Chilled Cherries

18

Assorted Cereal w/
Graham Crackers

Oven Fried Chicken
Butter Noodles
Seasoned Green Beans
Fresh Banana

19

Mini Cream Cheese Filled
Bagels

Shredded BBQ Pork Sliders
Oven Baked Fries
Chilled Peaches
Birthday
Celebration Treats

20

Assorted Cereal w/
Graham Crackers

Domingos Pizza Day!
Golden Corn
Chilled Strawberries

21

Assorted Mini Donuts

Hot Ham & Cheese on
Bun
Baked Beans
Fresh Grapes

22

No School

25

Assorted Cereal w/
Graham Crackers

Cheesy Lasagna Roll-Up
Covered in Italian Sauce
Garlic Knot
Chilled Blueberries

26

Mini French Toast

Crispy Chicken Patty
Sandwich
Seasoned Green Beans
Fresh Banana

27

Assorted Cereal w/
Graham Crackers

Assorted Tony's Pizza
Seasoned Carrots
Chilled Pears

28

Mini Pancakes

Beef Nachos w/ Queso
Refried Beans
Diced Tomatoes &
Shredded Lettuce
Salsa
Fresh Apple

29

***Menu subject to change!

Breakfast includes:

- Menu item
- ½ c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

Peanut Butter and Jelly
Sandwich
Blackcat Pack – Yogurt &
Graham Crackers
(Tuesday/Thursday), Cheese
Sticks w/ Soft Pretzel
(Monday/ Wednesday/Friday)

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.50

Adult Breakfast \$2.05
Adult Lunch \$3.25

School News

September 1st – Early Release
September 4th – No School Labor Day
September 20th - September Birthday
Celebrations!!
September 25th – No School

No more worrying about lost lunch
money. Pay your child's meal
account online at
<http://dunklin.revtrak.net>.
Help hint: deposit \$47.50 into your
students account for lunch this
month.

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September 2017

Senn Thomas Middle & Herculanum High Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know...

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No School-
Labor Day

4

Maple Pancake Sausage
on a Stick
Or
French Toast Sticks
Assorted 100% Fruit
Juice
Assorted Fruit

5

Dutch Waffle w/ Sausage
Link
Or
Assorted Bagels w/
Cream Cheese
Assorted 100% Fruit
Juice
Assorted Fruit

6

Breakfast Boat
Or
Pancakes
Assorted 100% Fruit
Juice
Assorted Fruit

7

Iced Donut Ring
Or
Breakfast Pizza
Assorted 100% Fruit
Juice
Assorted Fruit

8

Breakfast Bites
Or
Mini French Toast
Assorted 100% Fruit
Juice
Assorted Fruit

11

Donut Holes
Or
Breakfast Boat
Assorted 100% Fruit
Juice
Assorted Fruit

12

Breakfast Pizza
Or
Pancakes
Assorted 100% Fruit Juice
Assorted Fruit

13

Sausage & Cheese Biscuit
Or
Warm Baked Cinnamon
Roll
Assorted 100% Fruit Juice
Assorted Fruit

14

Biscuits & Sausage Gravy
Or
Mini Cream Cheese Filled
Bagels
Assorted 100% Fruit Juice
Assorted Fruit

15

Breakfast Sliders
Or
French Toast Sticks
Assorted 100% Fruit
Juice
Assorted Fruit

18

Sausage & Cheese Bagel
or
French Toast Sticks
Assorted 100% Fruit
Juice
Assorted Fruit

19

Maple Pancake Sausage
on a Stick
Or
Mini Cream Cheese Filled
Bagels
Assorted 100% Fruit
Juice
Assorted Fruit

20

Breakfast Sliders
Or
Assorted Bagels w/
Cream Cheese
Assorted 100% Fruit
Juice
Assorted Fruit

21

Donut Holes
Or
Breakfast Boat
Assorted 100% Fruit
Juice
Assorted Fruit

22

No School

25

Breakfast Bites
Or
Mini French Toast
Assorted 100% Fruit Juice
Assorted Fruit

26

Assorted Iced Long Johns
Or
Breakfast Pizza
Assorted 100% Fruit Juice
Assorted Fruit

27

Sausage & Cheese Biscuit
Or
Warm Baked Cinnamon
Roll
Assorted 100% Fruit Juice
Assorted Fruit

28

Assorted Fruit Frudel
Or
Cheesy Scrambled Eggs &
Biscuit
Assorted 100% Fruit Juice
Assorted Fruit

29

Early Release!

1

Egg & Cheese English
Muffin
Or
Pancakes
Assorted 100% Fruit Juice
Assorted Fruit

***Menu is subject to change!

Breakfast includes:

- Entrée of bread and/or protein
- 100% 4 oz Juice
- ½ c fresh, frozen, canned fruit
- Choice of Cold Milk

Daily Alternate Breakfast Entrée

- Chocolate or Powdered Donuts
- Honey Bun
- Fruit & Yogurt Parfait w/Granola
- Assorted Cereal w/ Graham Crackers
- Assorted Benefit Bars
- Assorted Poptart
- Assorted Large Muffins

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.60

Adult Breakfast \$2.05
Adult Lunch \$3.25

School News

September 1st – Early Release
September 4th – No School Labor Day
September 25th – No School

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September 2017

Herculaneum High School

Monday

Tuesday

Wednesday

Thursday

Friday

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No School
Labor Day

4

Breakfast for Lunch
Pancakes
Sausage Patty
Tater Tots
Assorted Fruit

5

Chicken Fajitas
Sauteed Peppers &
Onions
Warm Tortilla
Refried Beans
Assorted Fruit

6

Breaded Mozzarella
Cheese Sticks
Marinara Dipping Sauce
Steamed Broccoli
Rotini Marinara
Assorted Fruit

7

Dominos Cheese Pizza
(Sausage, Cheese, or
Pepperoni)
Seasoned Carrots
Assorted Fruit

8

Chicken Parmesan
Rotini Marinara
Steamed Broccoli
Assorted Fruit

11

Cheesy Hamburger Helper
Warm Dinner Roll
Green Peas
Assorted Fruit

12

Baked Potato Bar
(Cheese, Diced Ham,
Steamed Broccoli)
Large Soft Pretzel
Assorted Fruit

13

BBQ Rib Sandwich
Oven Baked Fries
Assorted Fruit

14

Beef Nachos Bar
w/ White Queso
Cheesy Refried Beans
Assorted Fruit

15

Gerber Sandwich
(Ham on Cheesy Garlic
French Bread)
Pea & Carrot Medley
Assorted Fruit

18

Taco Tuesday
Beef Soft Tacos
Refried Beans
Shredded Lettuce &
Diced Tomatoes
Assorted Fruit

19

Spaghetti w/ Meatsauce
Garlic Breadstick
Steamed Broccoli
Assorted Fruit

20

Fried Chicken
Warm Dinner Roll
Seasoned Green Beans
Assorted Fruit

21

Dominos Cheese Pizza
(Sausage, Cheese, or
Pepperoni)
Golden Corn
Assorted Fruit

22

No School

25

Toasted Italian Meatball
Sub w/ Shredded
Mozzarella
Rotini Marinara
Steamed Broccoli
Assorted Fruit

26

Spicy Cajun Chicken &
Pasta
Garlic Knot
Green Peas
Assorted Fruit

27

Shredded BBQ Pork
Sliders
Oven Baked Fries
Assorted Fruit

28

Chicken Chili Cheese
Crispitos
Nacho Cheese Sauce
Seasoned Green Beans
Assorted Fruit

29

Dominos Still Available

***Menu subject to change!

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

- Cheeseburger
- Breaded Chicken Patty Sandwich
- Breaded Spicy Chicken Patty Sandwich
- Salad Bar
- Deli Bar
- Pizza (rotating variety)

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.60

Adult Breakfast \$2.05
Adult Lunch \$3.25

School News

September 1st – Early Release
September 4th – No School Labor Day
September 25th – No School

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Help hint: deposit \$49.40 into your students account for lunch this month.

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