

# February 2017

## Taylor Early Childhood Menu

Monday



Tuesday

Wednesday

Thursday

Friday

No school

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Chicken Parmesan  
Seasoned Green Beans  
Assorted Fruit

Yogurt Cup w/ Graham  
Crackers  
\*\*\*\*\*  
Monterey Jack Enchilada  
Smothered in Red Sauce  
Black Bean Salad  
Assorted Fruit

No School

Warm Cinnamon Roll  
\*\*\*\*\*  
Soft Beef Taco  
Refried Beans  
Assorted Fruit

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
BBQ Pulled Pork  
Sandwich  
Potato Smiles  
Assorted Fruit

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Turkey Bacon Ranch  
Flatbread  
Baked Beans  
Assorted Fruit

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Broccoli Cheddar Soup  
Goldfish Crackers  
Steamed Carrots  
Assorted Fruit

Banana Bread  
\*\*\*\*\*  
Toasted Cheese on  
Pretzel Bun  
Seasoned Green Beans  
Assorted Fruit

Honey Bun  
\*\*\*\*\*  
Hot Ham & Cheese  
on Bun  
Steamed Broccoli  
Assorted Fruit

Mini Pancakes  
\*\*\*\*\*  
Turkey & Cheese Wrap  
Fresh Cherry Tomatoes  
Assorted Fruit

Mini Cinnis  
\*\*\*\*\*  
Cheese Sticks with Soft  
Pretzel  
Fresh Baby Carrots  
Assorted Fruit

Did you know...

About 1 billion Valentine's Day cards are exchanged each year. This makes it the second largest seasonal card sending time of the year.

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Cheeseburger  
Golden Corn  
Assorted Fruit

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Chicken Patty Sandwich  
Mashed Potatoes & Gravy  
Assorted Fruit

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Spaghetti w/ Meat Sauce  
Steamed Broccoli  
Assorted Fruit

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Swedish Meatballs  
Butter Noodles  
Seasoned Green Beans  
Assorted Fruit

Breakfast Bites  
\*\*\*\*\*  
Domingos Cheese Pizza  
Green Peas  
Assorted Fruit

Mini French Toast  
\*\*\*\*\*  
Domingos Cheese Pizza  
Fresh Baby Carrots  
Assorted Fruit

Large Muffin  
\*\*\*\*\*  
Domingos Cheese Pizza  
Steamed Carrots  
Assorted Fruit

Mini Filled Bagels  
\*\*\*\*\*  
Domingos Cheese Pizza  
Steamed Broccoli  
Assorted Fruit

\*\*\*Menu subject to change!

**Breakfast includes:**

- Menu item
- ½ c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

**Lunch includes:**

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

**Daily Alternate Lunch Entrée**

Peanut Butter and Jelly  
Sandwich  
Blackcat Pack – Yogurt &  
Graham Crackers

**Meal Prices**

Student Breakfast \$0.00

Student Lunch \$2.40

Adult Breakfast \$1.60

Adult Lunch \$3.25

## School News

February 6<sup>th</sup> – No School

February 14<sup>th</sup> – Valentine's Day

February 20<sup>th</sup> – No School /  
President's Day

No more worrying about lost lunch  
money. Pay your child's meal  
account online at

<http://dunklin.revtrak.net>.

Help hint: deposit \$43.20 into your  
students account for lunch this  
month.

\*\*\*\*\*Every grain item is whole grain

USDA is an equal opportunity provider  
and employer.



# February 2017

## Pevely Elementary Menu

Monday



Tuesday

Wednesday

Thursday

Friday

No school

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Broccoli Cheese Soup  
Goldfish Pretzels  
Steamed Carrots  
Chilled Fruit

Yogurt Cup w/ Graham  
Crackers  
\*\*\*\*\*  
Cheeseburger  
Baked Potato Wedges  
Chilled Fruit

No School

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
General Tso's Chicken  
Brown Rice  
Green Peas  
Chilled Fruit

Warm Cinnamon Roll  
\*\*\*\*\*  
Spaghetti w/ Meat Sauce  
Warm Dinner Roll  
Seasoned Green Beans  
Chilled Fruit

Assorted Fruit Frudel  
\*\*\*\*\*  
Mini Corn Dog Bites  
Cheddar Goldfish  
Crackers  
Pea & Carrot Medley  
Chilled Fruit

Egg & Cheese Sandwich  
\*\*\*\*\*  
Pork Roast w/ Gravy  
Warm Dinner Roll  
Mashed Potatoes & Gravy  
Fresh Fruit

Banana Bread  
\*\*\*\*\*  
Breakfast for Lunch!  
Pancakes  
Sausage Link  
Tater Tots  
Cinnamon Apples

Sausage Maple Pancake  
Wrap Stick  
\*\*\*\*\*  
New!!! - Cheese  
Enchilada w/ Red Sauce  
Refried Beans  
Fresh Fruit

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Homemade Cheese Pizza  
Green Peas  
Cherry Crisp

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Domino's Pizza  
Steamed Broccoli  
Chilled Fruit

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Pizza Bagel  
Seasoned Green Beans  
Chilled Fruit

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Domino's Pizza  
Steamed Carrots  
Chilled Fruit

Mini French Toast  
\*\*\*\*\*  
Chicken Patty Sandwich  
Mashed potatoes & Gravy  
Fresh Fruit

Mini Waffles  
\*\*\*\*\*  
Toasted Ham & Cheese  
Sandwich  
Baked Beans  
Chilled Fruit

Mini Pancakes  
\*\*\*\*\*  
BBQ Rib Sandwich on  
Bun  
Baked Beans  
Fresh Fruit

Mini Filled Bagels  
\*\*\*\*\*  
Chicken Nuggets  
w/ Warm Dinner Roll  
Mashed Potatoes & Gravy  
Fresh Fruit

Did you know...

About 1 billion Valentine's Day cards are exchanged each year. This makes it the second largest seasonal card sending time of the year.

\*\*\*Menu subject to change!

Breakfast includes:

- Menu item
- ½ c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

Peanut Butter and Jelly  
Sandwich

Blackcat Pack - Yogurt &  
Graham Crackers

(Tuesday/Thursday), Cheese  
Sticks w/ Soft Pretzel  
(Monday/ Wednesday/Friday)

Meal Prices

Student Breakfast \$0.00

Student Lunch \$2.40

Adult Breakfast \$1.60

Adult Lunch \$3.25

## School News

February 6<sup>th</sup> - No School

February 14<sup>th</sup> - Valentine's Day

February 20<sup>th</sup> - No School / President's  
Day

No more worrying about lost lunch  
money. Pay your child's meal account  
online at <http://dunklin.revtrak.net>.

Help hint: deposit \$43.20 into your  
students account for lunch this month

\*\*\*\*\*Every grain item is whole grain

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employer.



# February 2017

## Senn Thomas Middle & Herculaneum High Breakfast Menu

**Monday**



**Tuesday**

**Wednesday**

**Thursday**

**Friday**

\*\*\*Menu is subject to change!

**Breakfast includes:**

- Entrée of bread and/or protein
- 100% 4 oz Juice
- ½ c fresh, frozen, canned fruit
- Choice of Cold Milk

**Daily Alternate Breakfast Entrée**

- Chocolate or Powdered Donuts
- Honey Bun
- Fruit & Yogurt Parfait w/Granola
- Assorted Cereal w/ Graham Crackers
- Assorted Benefit Bars
- Assorted Poptart
- Assorted Large Muffins

**Meal Prices**

Student Breakfast \$0.00

Student Lunch \$2.50

Adult Breakfast \$1.60

Adult Lunch \$3.25

### School News

February 6<sup>th</sup> – No School

February 14<sup>th</sup> – Valentine's Day

February 20<sup>th</sup> – No School /

Presidents Day

No more worrying about lost lunch money. Pay your child's meal account online at

<http://dunklin.revtrak.net>.

Help hint: deposit \$45.00 into your students account for lunch this month.

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**No School**

Egg & Sausage English Muffin  
Or  
Jumbo Waffles  
Assorted 100% Fruit Juice  
Assorted Fruit

Assorted Fruit Frudel  
Or  
Cheese Egg Omelet w/ Toast  
Assorted 100% Fruit Juice  
Assorted Fruit

Egg & Cheese Biscuit  
Or  
Fresh Baked Cinnamon Roll  
Assorted 100% Fruit Juice  
Assorted Fruit

Breakfast Sliders  
or  
French Toast Sticks  
Assorted 100% Fruit Juice  
Assorted Fruit

Dutch Waffle w/ Sausage Link  
Or  
Bagel w/ Cream Cheese  
Assorted 100% Fruit Juice  
Assorted Fruit

Egg & Cheese Bagel Sandwich  
Or  
French Toast Sticks  
Assorted 100% Fruit Juice  
Assorted Fruit

Breakfast Boats  
Or  
Pancakes  
Assorted 100% Fruit Juice  
Assorted Fruit

Iced Long John Donuts  
Or  
Breakfast Pizza  
Assorted 100% Fruit Juice  
Assorted Fruit

Assorted Fruit Frudel  
Or  
Sausage Maple Pancake Wrap Stick  
Assorted 100% Fruit Juice  
Assorted Fruit

**No School**

Breakfast Sliders  
Or  
French Toast Sticks  
Assorted 100% Fruit Juice  
Assorted Fruit

Breakfast Bites  
Or  
Mini Cinnis  
Assorted 100% Fruit Juice  
Assorted Fruit

Egg & Cheese Biscuit  
Or  
Fresh Baked Cinnamon Roll  
Assorted 100% Fruit Juice  
Assorted Fruit

Mini Filled Bagels  
Or  
Biscuit & Gravy  
Assorted 100% Fruit Juice  
Assorted Fruit

**Grab Wraps**  
Sausage, Egg, Cheese  
Or  
Poblano Cheese  
Assorted 100% Fruit Juice  
Assorted Fruit

Iced Long John Donuts  
Or  
Jumbo Waffles  
Assorted 100% Fruit Juice  
Assorted Fruit

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# February 2017

## Senn Thomas Middle Lunch Menu

**Monday**



**Tuesday**

**Wednesday**

**Thursday**

**Friday**

No school

Chicken Parmesan  
Rotini Marinara  
Seasoned Green Beans  
Assorted Fruit

Bosco Sticks w/ Marinara  
Sauce  
Steamed Broccoli  
Rotini Marinara  
Assorted Fruit

Country Fried Steak  
w/ Gravy  
Warm Baked Dinner Roll  
Mashed Potatoes & Gravy  
Assorted Fruit

Monterey Jack Enchiladas  
Smothered in Red Sauce  
Golden Corn  
Assorted Fruit

Ham & Cheese Panini  
Or  
Cuban Style Ham &  
Cheese Panini  
Cheddar Goldfish  
Crackers  
Seasoned Green Beans  
Assorted Fruit

Happy Valentines Day!  
  
Dominos Pizza  
(Sausage, Cheese, or  
Pepperoni)  
Steamed Carrots  
Assorted Fruit

Turkey Bacon Ranch  
Flatbread  
Baked Beans  
Assorted Fruit

Spaghetti w/ Meat sauce  
Warm Dinner Roll  
Steamed Broccoli  
Assorted Fruit

BBQ Pulled Pork  
Sandwich  
Potato Smiles  
Assorted Fruit

No School

Dominos Pizza  
(Sausage, Cheese, or  
Pepperoni)  
Green Peas  
Assorted Fruit

Baked Potato Bar  
(Cheese, Diced Ham,  
Steamed Broccoli)  
Soft Pretzel  
Assorted Fruit

Chili Cheese Dog  
Or  
Hotdog on Bun  
Baked Crinkle Cut Fries  
Assorted Fruit

Swedish Meatballs  
Butter Noodles  
Seasoned Green Beans  
Assorted Fruit

Dominos Pizza  
(Sausage, Cheese, or  
Pepperoni)  
Golden Corn  
Assorted Fruit

Broccoli Cheddar Soup in  
Warm Bread Bowl  
Steamed Carrots  
Assorted Fruit

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\*\*\*Menu subject to change!

**Lunch includes:**

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

**Daily Alternate Lunch Entrée**

- Cheeseburger
- Breaded Chicken Patty Sandwich
- Breaded Spicy Chicken Patty Sandwich
- Chef or Chicken Caesar Salads
- Pizza (rotating variety)

**Meal Prices**

Student Breakfast \$0.00  
Student Lunch \$2.50

Adult Breakfast \$1.60  
Adult Lunch \$3.25

## School News

February 6<sup>th</sup> – No School

February 14<sup>th</sup> – Valentine's Day

February 20<sup>th</sup> – No School / President's Day

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# February 2017

## Herculaneum High School Lunch Menu

Monday



Tuesday

Wednesday

Thursday

Friday

No school

Chicken Parmesan  
Rotini Marinara  
Seasoned Green Beans  
Assorted Fruit

Sweet & Sour Chicken  
Veggie Fried Rice  
Steamed Broccoli  
Assorted Fruit

Roasted Pork w/ Gravy  
Warm Dinner Roll  
Mashed Potatoes & Gravy  
Golden Corn  
Assorted Fruit

Beef Nachos with  
White Queso  
Shredded Lettuce &  
Diced Tomato  
Refried Beans  
  
Dominos Still Available

Monterey Jack Enchiladas  
Smothered n Red Sauce  
Black Bean Salad  
Brown Rice  
Assorted Fruit

Happy Valentines Day!  
  
BBQ Pulled Pork  
Sandwich  
Potato Smiles  
Assorted Fruit

Country Fried Steak  
w/ Gravy  
Warm Baked Dinner Roll  
Mashed Potatoes & Gravy  
Golden Corn  
Assorted Fruit

Spaghetti w/ Meat Sauce  
Warm Dinner Roll  
Steamed Broccoli  
Assorted Fruit

Dominos Pizza  
(Sausage, Cheese, or  
Pepperoni)  
Steamed Carrots  
Assorted Fruit

No School

Turkey Bacon Ranch  
Flatbread  
Baked Beans  
Assorted Fruit

Baked Potato Bar  
(Cheese, Diced Ham,  
Steamed Broccoli)  
Soft Pretzel  
Assorted Fruit

Swedish Meatballs  
Butter Noodles  
Seasoned Green Beans  
Assorted Fruit

Bosco Sticks w/  
Marinara Sauce  
Steamed Broccoli  
Rotini Marinara  
Assorted Fruit  
  
Dominos Still Available

(2) Soft Beef Tacos  
Refried Beans  
Salsa  
Assorted Fruit

Broccoli Cheddar Soup in  
Warm Bread Bowl  
Steamed Carrots  
Assorted Fruit

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\*\*\*Menu subject to change!

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

- Cheeseburger
- Breaded Chicken Patty Sandwich
- Breaded Spicy Chicken Patty Sandwich
- Salad Bar
- Deli Bar
- Pizza (rotating variety)

Meal Prices

Student Breakfast \$0.00  
Student Lunch \$2.50

Adult Breakfast \$1.60  
Adult Lunch \$3.25

### School News

February 6<sup>th</sup> – No School  
February 14<sup>th</sup> – Valentine's Day  
February 20<sup>th</sup> – No School / President's Day

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