

January 2017

Taylor Early Childhood

***Menu subject to change!

Breakfast includes:

- Menu item
- ½ c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

Peanut Butter and Jelly Sandwich
Blackcat Pack – Yogurt & Grain Choice

Meal Prices

Student Breakfast \$0.00
 Student Lunch \$2.40

Adult Breakfast \$1.60
 Adult Lunch \$3.25

School News

January 2nd – No School
 January 16th – No School – MLK Day

No more worrying about lost lunch money!
 Pay your child's meal account online at
<http://dunklin.revtrak.net>.

Help hint: deposit \$48.00 into your students account for lunch this month.

****Every grain item is whole grain
 USDA is an equal opportunity provider and employer.



MONDAY

No School

Mini Waffles *****
 Garlic French Bread Pizza
 Pea & Carrot Medley
 Assorted Fruit

No School

Mini Waffles *****
 Broccoli Cheddar Soup
 GoldFish Crackers
 Steamed Carrots
 Assorted Fruit

Honey Bun *****
 Turkey, Bacon, & Ranch
 Flatbread
 BBQ Baked Beans
 Assorted Fruit

TUESDAY

Assorted Cereal w/ Graham Crackers *****
 General Tso's Chicken
 Steamed Broccoli
 Assorted Fruit

Assorted Cereal w/ Graham Crackers *****
 Country Fried Steak w/ Gravy
 Mashed Potatoes & Gravy
 Assorted Fruit

Assorted Cereal w/ Graham Crackers *****
 Oven Roasted Chicken
 Warm Dinner Roll
 Baked Beans
 Assorted Fruit

Assorted Cereal w/ Graham Crackers *****
 Carnival Corn Dog
 Baked Beans
 Assorted Fruit

Assorted Cereal w/ Graham Crackers *****
 Breakfast for Lunch!
 Pancakes
 Sausage Patty
 Tater Tots
 Fresh Fruit

WEDNESDAY

Mini Pancakes *****
 BBQ Pulled Pork on Bun
 Sweet Potato Gems
 Assorted Fruit

Assorted Fruit Frudel *****
 Turkey & Cheese Wrap
 Steamed Broccoli
 Assorted Fruit

Assorted Donuts *****
 Italian Meatballs
 Rotini Marinara
 Steamed Broccoli
 Assorted Fruit

New! Sausage, Egg, Cheese Roll-Up *****
 4 Cheese Lasagna Roll-Up
 Steamed Broccoli
 Assorted Fruit

Did you know...

On January 1, 1863, the Emancipation Proclamation was issued by Abraham Lincoln.

THURSDAY

Assorted Cereal w/ Graham Crackers *****
 Breaded Chicken Patty Sandwich
 Fresh Baby Carrots
 Assorted Fruit

Assorted Cereal w/ Graham Crackers *****
 Cheeseburger
 Oven Baked Fries
 Assorted Fruit

Assorted Cereal w/ Graham Crackers *****
 French Toast Sticks
 Sausage Patty
 Tater Tots
 Assorted Fruit

Assorted Cereal w/ Graham Crackers *****
 Crispy Chicken Tenders
 Seasoned Green Peas
 Assorted Fruit

FRIDAY

Sausage Maple Pancake Wrap Stick *****
 Domino's Cheese Pizza
 Golden Corn
 Assorted Fruit

Assorted Large Muffin *****
 Domino's Cheese Pizza
 Fresh Broccoli Florets
 Assorted Fruit

Mini Filled Bagel *****
 Domino's Cheese Pizza
 Seasoned Green Beans
 Assorted Fruit

Mini Pancakes *****
 Domino's Cheese Pizza
 Seasoned Green Beans
 Assorted Fruit

January 2017

Pevely Elementary

***Menu subject to change!

Breakfast includes:

- Menu item
- ½ c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

Peanut Butter and Jelly Sandwich
Blackcat Pack – Yogurt & Graham Crackers
 (Tuesday/Thursday), Cheese Sticks w/ Soft Pretzel (Monday Wednesday/Friday)

Meal Prices

Student Breakfast \$0.00
 Student Lunch \$2.40

Adult Breakfast \$1.60
 Adult Lunch \$3.25

School News

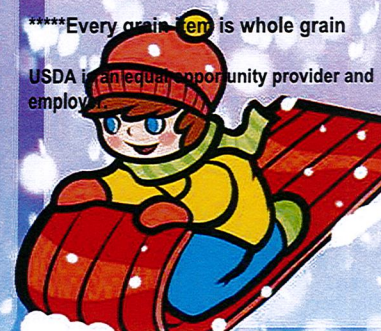
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MONDAY

No School

TUESDAY

Assorted Cereal w/ Graham Crackers

 Crispy Chicken Tenders
 Warm Breadstick
 Mashed Potato & Gravy
 Chilled Fruit

WEDNESDAY

Egg & Cheese Sandwich

 Spaghetti w/ Meat Sauce
 Warm Dinner Roll
 Steamed Broccoli
 Fresh Fruit

THURSDAY

Assorted Cereal w/ Graham Crackers

 Home-made Cheese Pizza
 Tossed Italian Salad
 Chilled Fruit

FRIDAY

New! French Toast Sticks

 Toasted Ham & Cheese Sandwich
 Baked Beans
 Fresh Fruit

9

Mini Pancakes

 BBQ Rib Sandwich
 Oven Baked Crinkle Cut Fries
 Chilled Fruit

10

Assorted Cereal w/ Graham Crackers

 Bosco Sticks
 Marinara Dipping Sauce
 Seasoned Green Beans
 Fresh Fruit

11

Breakfast Sliders

 Home-made Chicken Quesadilla
 Refried Beans
 Chilled Fruit

12

Assorted Cereal w/ Graham Crackers

 Dominos Pizza Day
 Golden Corn
 Fresh Fruit

13

Assorted Large Muffin

 Mac & Cheese Entrée
 Warm Dinner Roll
 Seasoned Green Peas
 Chilled Fruit

16

No School

17

Assorted Cereal w/ Graham Crackers

 Tomato Soup
 Toasted Cheese Sandwich
 Chilled Fruit

18

Cinnamon Roll

 Beef Nachos w/ Nacho Cheese Sauce
 Shredded Lettuce & Diced Tomatoes
 Refried Beans
 Chilled Fruit

19

Assorted Cereal w/ Graham Crackers

 Pepperoni Calzone
 Seasoned Green Beans
 Fresh Fruit

20

Breakfast Boats

 Mini Corn Dog Bites
 Cheddar Goldfish Crackers
 Pea & Carrot Medley
 Chilled Fruit

23

Assorted Donuts

 Sloppy Joe on Bun
 Baked Beans
 Chilled Fruit

24

Assorted Cereal w/ Graham Crackers

 Crispy Fish Sticks w/ Tarter Sauce
 Animal Crackers
 Seasoned Green Peas
 Fresh Fruit

25

New! Sausage, Egg, Cheese Roll-Up

 Cheeseburger
 Oven Baked Seasoned Fries
 Chilled Fruit

26

Assorted Cereal w/ Graham Crackers

 Dominos Pizza Day
 Seasoned Carrots
 Chilled Fruit

27

Mini Filled Bagels

 Chicken Nuggets
 Mac & Cheese
 Seasoned Green Beans
 Fresh Fruit

30

Honey Bun

 Beef Soft Taco
 Refried Beans
 Salsa
 Chilled Fruit

31

Assorted Cereal w/ Graham Crackers

 Breakfast for Lunch!
 Pancakes
 Sausage Patty
 Tater Tots
 Fresh Fruit

Did you know...

On January 1, 1863, the Emancipation Proclamation was issued by Abraham Lincoln.

January 2017

Senn Thomas Middle & Herculaneum High Breakfast

***Menu is subject to change!

Breakfast includes:

- Entrée of bread and/or protein
- 100% 4 oz Juice
- ½ c fresh, frozen, canned fruit
- Choice of Cold Milk

Daily Alternate Breakfast Entrée

- Chocolate or Powdered Donuts
- Honey Bun
- Fruit & Yogurt Parfait w/Granola
- Assorted Cereal w/ Graham Crackers
- Assorted Benefit Bars
- Assorted Poptart
- Assorted Large Muffins

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.50

Adult Breakfast \$1.60
Adult Lunch \$3.25

School News

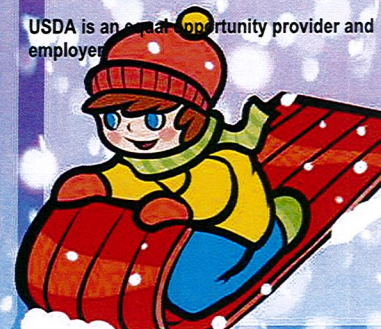
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January 16th – No School – MLK Day

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MONDAY

No School

Mini Waffles
Or
Iced Long John
Assorted 100% Fruit Juice
Assorted Fruit

No School

Iced Long Johns
Or
Mini Waffles
Assorted 100% Fruit Juice
Assorted Fruit

Breakfast Boat
Or
Pancakes
Assorted 100% Fruit Juice
Assorted Fruit

TUESDAY

Jumbo Waffles
Or
Sausage & Egg English Muffin
Assorted 100% Fruit Juice
Assorted Fruit

Breakfast Sliders
Or
French Toast Sticks
Assorted 100% Fruit Juice
Assorted Fruit

Sausage Maple Pancake Wrap Stick
Or
French Toast Sticks
Assorted 100% Fruit Juice
Assorted Fruit

Breakfast Sliders
Or
French Toast Sticks
Assorted 100% Fruit Juice
Assorted Fruit

Dutch Waffle w/ Sausage Link
Or
Assorted Bagel w/ Cream Cheese
Assorted 100% Fruit Juice
Assorted Fruit

WEDNESDAY

Pancakes
Or
Breakfast Boats
Assorted 100% Fruit Juice
Assorted Fruit

Assorted Fruit Frudel
Or
Cheesy Scrambled Eggs w/ Toast
Assorted 100% Fruit Juice
Assorted Fruit

Breakfast Boats
Or
Pancakes
Assorted 100% Fruit Juice
Assorted Fruit

Assorted Fruit Frudel
Or
Cheesy Scrambled Eggs w/ Toast
Assorted 100% Fruit Juice
Assorted Fruit

THURSDAY

Dutch Waffle w/ Sausage Link
Or
Assorted Bagel w/ Cream Cheese
Assorted 100% Fruit Juice
Assorted Fruit

NEW!! - Sausage Egg & Cheese Roll Up
or
Jumbo Waffles
Assorted 100% Fruit Juice
Assorted Fruit

Sausage & Cheese Biscuit
Or
Fresh Baked Cinnamon Roll
Assorted 100% Fruit Juice
Assorted Fruit

Jumbo Waffles
Or
NEW!! - Sausage Egg & Cheese Roll Up
Assorted 100% Fruit Juice
Assorted Fruit

FRIDAY

Assorted Fruit Frudel
Or
Sausage Maple Pancake Wrap Stick
Assorted 100% Fruit Juice
Assorted Fruit

Breakfast Pizza
Or
Pancakes
Assorted 100% Fruit Juice
Assorted Fruit

Biscuits & Gravy
Or
Mini Filled Bagel
Assorted 100% Fruit Juice
Assorted Fruit

Breakfast Pizza
Or
Mini Pancakes
Assorted 100% Fruit Juice
Assorted Fruit

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January 2017

Senn Thomas Middle School

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Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

- Cheeseburger
- Breaded Chicken Patty Sandwich
- Breaded Spicy Chicken Patty Sandwich
- Chef or Chicken Caesar Salads
- Pizza (rotating variety)

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.50

Adult Breakfast \$1.60
Adult Lunch \$3.25

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MONDAY

2

No School

9

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Golden Corn
Assorted Fruit

16

No School

23

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Seasoned Green Beans
Assorted Fruit

30

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Steamed Carrots
Assorted Fruit

TUESDAY

3

Creamy Chicken Alfredo
Warm Breadstick
Seasoned Green Beans
Assorted Fruit

10

Cheesy Chicken
Burrito
Spanish Rice
Refried Beans
Assorted Fruit

17

Crispy Chicken Tenders
Mac & Cheese
Seasoned Green Peas
Assorted Fruit

24

Broccoli Cheddar Soup in
Warm Bread Bowl
Steamed Carrots
Assorted Fruit

31

Beef Nachos with
White Queso
Shredded Lettuce &
Diced Tomato
Refried Beans

WEDNESDAY

4

Thai Sweet Chili
Veggie Fried Rice
Steamed Broccoli
Assorted Fruit

11

Baked Potato Bar
(Cheese, Diced Ham,
Steamed Broccoli)
Soft Pretzel
Assorted Fruit

18

Carnival Corn dog
Baked Beans
Baked Potato Wedges
Assorted Fruit

25

Oven Roasted Chicken
Warm Dinner Roll
Baked Beans
Assorted Fruit

THURSDAY

5

BBQ Pulled Pork on
Ciabatta Bun
Sweet Potato Gems
Assorted Fruit

12

Cheese Steak on Hoagie
Bun
Sautéed Pepper & Onion
Baked Crinkle Cut Fries
Assorted Fruit

19

4 Cheese Lasagna Roll-up
w/ Tomato Sauce
Steamed Broccoli
Assorted Fruit

26

Italian Meatball Sub
Topped with Mozzarella
Steamed Broccoli
Assorted Fruit

FRIDAY

6

Monterey Jack Enchiladas
Smothered n Red Sauce
Cheesy Refried Beans
Assorted Fruit

13

Country Fried Steak
with Gravy
Warm Baked Dinner Roll
Mashed Potatoes & Gravy
Assorted Fruit

20

Chicken Fajita w/ Sautéed
Onion & Peppers
Warm Tortilla
Cheesy Refried Beans
Assorted Fruit

27

Breakfast for Lunch!
French Toast Sticks
Sausage Links
Tater Tots
Assorted Fruit

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was issued by Abraham Lincoln.

January 2017

Herculaneum High School

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Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

- Cheeseburger
- Breaded Chicken Patty Sandwich
- Breaded Spicy Chicken Patty Sandwich
- Salad Bar
- Deli Bar
- Pizza (rotating variety)

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.50

Adult Breakfast \$1.60
Adult Lunch \$3.25

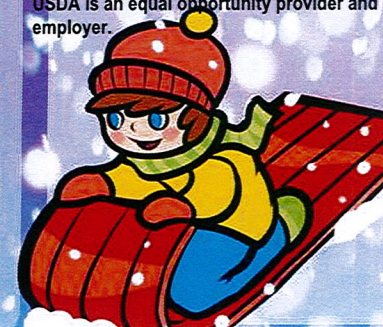
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MONDAY

No School

TUESDAY

General Tso's Chicken
Brown Rice
Steamed Broccoli
Assorted Fruit

WEDNESDAY

BBQ Pulled Pork on
Ciabatta Bun
Sweet Potato Gems
Assorted Fruit

THURSDAY

Chicken Fajita w/ Sauteed
Onion & Peppers
Warm Tortilla
Cheesy Refried Beans
Assorted Fruit

FRIDAY

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Golden Corn
Assorted Fruit

Monterey Jack Enchiladas
Smothered n Red Sauce
Brown Rice
Pea & Carrot Medley
Assorted Fruit

Country Fried Steak
with Gravy
Warm Baked Dinner Roll
Mashed Potatoes & Gravy
Golden Corn
Assorted Fruit

Baked Potato Bar
(Cheese, Diced Ham,
Steamed Broccoli)
Soft Pretzel
Assorted Fruit

Cheese Steak on Hoagie
Bun
Sauteed Pepper & Onion
Baked Crinkle Cut Fries
Assorted Fruit

Beef Nachos with
White Queso
Shredded Lettuce &
Diced Tomato
Refried Beans

Dominos Still Available

No School

Oven Roasted Chicken
Warm Dinner Roll
Baked Beans
Assorted Fruit

Italian Meatball Sub
Topped with Mozzarella
Steamed Broccoli
Assorted Fruit

Breakfast for Lunch!
French Toast Sticks
Sausage Pattie
Tater Tots
Assorted Fruit

Dominos Pizza
(Sausage, Cheese, or
Pepperoni)
Seasoned Green Beans
Assorted Fruit

Broccoli Cheddar Soup in
Warm Bread Bowl
Steamed Carrots
Assorted Fruit

Carnival Corn dog
Baked Beans
Baked Potato Wedges
Assorted Fruit

4 Cheese Lasagna Roll-up
w/ Tomato Sauce
Steamed Broccoli
Assorted Fruit

Crispy Chicken Tenders
Mac & Cheese
Seasoned Green Peas
Assorted Fruit

Chili Chicken Crispos w/
Nacho Cheese Dip
Seasoned Green Beans
Assorted Fruit

Dominos Still Available

Turkey, Bacon, & Ranch
Flatbread
Shredded Lettuce &
Tomato
BBQ Baked Beans
Assorted Fruit

Chili Cheese Dog
Shredded Cheddar
Cheese
Oven Baked Fries
Assorted Fruit

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